

Estimated timetable for Matt's big M60 walk, Saturday 30 May 2015

These are my estimated timings for my walk around the outside of the M60, Manchester's orbital motorway. You can use this as a guide if you want to join me, if you want to catch sight of me as I pass by, or if you simply want to keep track of my progress in comfort. Don't assume the timings will be precise, allow a couple of minutes on either side.

The walk is just over 79km long (or just over 49 miles), and will take around 14 hours and 45 minutes to complete. I have already walked it in around seven shorter sections while planning my route; and then in two longer walks on 3 and 4 May, when I walked a different half of the full route on each day. I'm now confident that I know the route, and that I can walk the full distance.

The majority of timings indicate convenient places to join me, easy to find/access locations, sights that are beautiful or interesting, or points on the walk that are otherwise significant. Those in grey roughly indicate each half-hour point, or the nearest timing I took.

Thank you for your support, and please do consider giving money to The Children's Society via my JustGiving page: <https://www.justgiving.com/Matt-Dalby>

You can read more about the walk at Matt's big M60 walk blog: <https://mattm60walk.wordpress.com/>

Follow my Twitter for the walk and (mostly) its preparation @MattsBigM60Walk: <https://twitter.com/MattsBigM60Walk>

Finally, find maps of the route at: <http://www.plotaroute.com/userprofile/15322>

06:30-07:30 first hour - Stretford, Sale, Urmston

06:30 Stretford/Sale. Start at Chester Road (A56), just outside the M60 at Junction 7.

07:10 Urmston. Arrive at Stretford Road across from the Lord Nelson pub.

07:27 Urmston. Emerging from Mossvale Road onto Winchester Road around where it passes under the M60, and crossing the mini roundabout onto Wallingford Road...

07:30-08:30 second hour - Urmston, Stretford, Eccles

07:31 ...then turning right on Canterbury Road.

07:58 Stretford. Passing back inside the M60 at Junction 10, Shetland Circle, near

the Trafford Centre and Chill Factore.

08:17 Stretford/Eccles. Crossing the Barton Swing Bridge.

08:30-09:30 third hour - Eccles, Worsley

08:30 Eccles. Turning right along Liverpool Road (A57), away from the M60.

08:57 Worsley Brow, Worsley. Passing back under the M60 at Junction 13 on the right-hand side, then heading right along the footpath behind the graveyard.

09:31 Roe Green, Worsley. Turning right from Greenleach Lane onto Old Clough Lane.

09:30-10:30 fourth hour - Worsley, Kearsley

09:34 Worsley. Crossing the A580, East Lancashire Road to rejoin Old Clough Lane in its northern section.

09:50 Linnyslaw, Worsley. Crossing A6, Manchester Road, not long after turning right from Old Clough Lane and taking the footpath for Blackleach Country Park.

09:59 Worsley. Continuing along footpath across access road to new-build houses.

10:29 Kearsley, Bolton. Turning right onto A666, Manchester Road (not the same as previously).

10:30-11:30 fifth hour - Clifton, Radcliffe

10:52 Clifton. Turning left onto Clifton House Road on the way down to Clifton Country Park.

10:59 Clifton/Radcliffe. Close to the northwest end of Clifton Marina taking the bridge across the river Irwell...

11:00 ...and continuing right between the sewage works and the river.

11:22 Radcliffe. Outwood Trail, turning left away from pedestrian bridge over M60 to Philips Park along the track that becomes Philips Park Road.

11:30-12:30 sixth hour - Whitefield, Bury

11:37 Whitefield. Again, extremely approximate timing) At Park Lane, carrying straight on where the path runs behind the sports field.

11:50 Whitefield. Crossing Bury New Road just outside Junction 17.

11:54 Whitefield. Crossing Bury Old Road from Hardman's Road to Thatch Leach

Lane just up from Besses O' Th' Barn Metrolink.

12:13 Whitfield. Turning right from Oak Lane onto Mode Hill Lane. Mode Hill Lane will take me briefly out of the city as the road turns into a track.

12:25 Bury. Crossing the M66 by pedestrian bridge. Over the bridge the footpath heads right hard by the motorway

12:30-13:30 seventh hour - Bury, Middleton

12:35 Unsworth, Bury. Following the footpath as it turns hard left towards my crossing of the M62.

13:03 Middleton. Turning right from Simister Lane to the A6045, Heywood Old Road.

13:24 Middleton. Entering Alkrington Woods Nature Reserve from Silburn Way.

13:30-14:30 eighth hour - Middleton

13:40 Middleton. Leaving the woods and joining the A664, Manchester New Road.

13:42/3 Middleton. Halfway there. Walking along Kingsway between Manchester New Road and Mainway East

14:01 Middleton. Turning onto Mainway East.

14:14 Middleton. Turning right from the B6189, Grimshaw Lane onto the Oldham Way along the towpath of the Rochdale Canal.

14:30-15:30 ninth hour - Chadderton, Oldham

14:33 Chadderton. Turning left off the towpath and onto Long Lane

14:46 Oldham. A little way across Junction 22 of the M60 from Hollinwood Metrolink. Crossing the A62, Manchester Road, to Byron Street.

15:13 Oldham. From Hathershaw Lane joining the A627, Ashton Road, turning right and following the road down to Ashton centre.

15:30-16:30 tenth hour - Ashton-under-Lyne

15:52 Ashton-under-Lyne. Passing Ashton Metrolink from North to South.

16:02 Ashton-under-Lyne. En-route to join with the Ashton Canal.

16:07 Ashton-under-Lyne. Leaving the Ashton Canal immediately to join the Peak Forest Canal.

16:30-17:30 eleventh hour - Stockport

17:29 Woodley, Stockport. Leaving the Peak Forest Canal just before the Woodley Tunnel.

17:30-18:30 twelfth hour - Stockport

18:03 Bredbury, Stockport. On Stockport Road West, crossing the river Goyt for the first time.

18:18 Stockport. Crossing into Stockport centre.

18:29 Stockport. Past the Stockport Viaduct, crossing the roundabout from Heaton Lane and joining the Transpennine Trail.

18:30-19:30 thirteenth hour - Stockport, Cheadle

18:45 Stockport. Crossing the pedestrian bridge over the Mersey to join the A560, Brinksway, and stay outside the M60.

19:03 Stockport/Cheadle. Crossing the roundabout and continuing on Stockport Road.

19:30-20:30 fourteenth hour - Cheadle, Wythenshawe

19:32 Gatley, Cheadle. Continuing on the road as it becomes Northenden Road for a short time.

20:00 Wythenshawe. Turning left from Sharston Road onto Longley Lane.

20:15 Wythenshawe. After passing under Princess Parkway on Wythenshawe Road, I'll be turning right on Sale Road, and leaving Wythenshawe Park behind.

20:30-21:13 fifteenth hour - Wythenshawe, Sale, Stretford

20:31 Wythenshawe. Crossing the tramway at Northern Moor Metrolink before passing on into Sale.

21:13 Sale/Stretford. Finishing my walk back at the beginning.